

ASSIST A PATIENT WITH FEEDING



Use **pillows** to **straighten up** your patient and make sure he is comfortably up right.



Use an **over-bed table**. Remove any objects on it and **wipe** it.



Before serving food, carefully **wash** and **dry** your hands.



Use a **towel** or a **bib**.



Place the **tray** with the food on it on the over-bed table and describe the food.



Sit by the patient's **side** at eye level.



Use a **fork** half-full of solid food. Always encourage your patient to **feed** himself as much as possible.



Use a towel or **napkin** to wipe your patient's face.



When the patient is finished, **remove** the tray and help him to wash his hands.



Carefully wash and dry your hands.

pillow	oreiller
(to) straighten up	redresser
over-bed table	table de lit
(to) wipe	essuyer
(to) wash	laver
(to) dry	sécher
towel	serviette
bib	bavoir
tray	plateau
side	côté
fork	fourchette
(to) feed	nourrir
napkin	serviette (de table)
(to) remove	retirer