

HEALTH HISTORY TAKING

<http://www.youtube.com/watch?v=vIOv2lvJOQ0&feature=youtu.be>

Nurse : How are you doing today ?

Patient: Pretty good, thanks.

Journalist: The **health history** interview is a conversation with a **three-fold purpose**: to establish a **trusting** and **supportive** relationship, to **gather** information, and to offer information. In the case of new patients, you'll gather information that will form the basis for a **comprehensive** written health history. For patients **seeking care** for a specific **complaint**, you may prepare more **focused**, problem-oriented history. In **either** case, you'll record the patient's **chief complaint**, along with **comment** or **concerning** symptoms. Comment or concerning symptoms relating to **neck vessels** or the **heart** include: **chest pain**, palpitations and **shortness of breath**, orthopnea or paroxysmal nocturnal dyspnea. By **eliciting** the patient's concerns before the examination, you prepare for an examination that is **efficient** and productive. A productive cardiovascular examination also **requires** that you think about the possible **meanings** of your individual observations. **Fit** them **together** in a logical **pattern** and **correlate** your cardiac **findings** with the patient's **blood pressure**, arterial **pulses**, venous pulsations, jugular venous pressure, the **remainder** of your physical examination and the patient's history.