

Pain-free hospital visits for children

<http://www.youtube.com/watch?v=dW68Rh-l7ic&feature=youtu.be>

Journalist: It's **busy** at this hospital centre. Ten-year old Sarah is in one room, twelve-year old Austin in another. **Both** are here for tests, both need an **IV**, both had a bad experience being **stuck** before.

Teresa Waters: The last experience we had, a nurse was trying, I think she was inexperienced; she couldn't get into the **vein**, so she stuck him five or **six times**.

Nurse Stephanie Pitts hopes today will be different. At this hospital the **goal** is to eliminate unnecessary **pain**.

Stephanie Pitts: No child should have to suffer through an IV start or a **blood draw** when there is procedures and things that are so simple and so easy to use and **inexpensive**.

Journalist: For Sarah, the nurse will use a vein locator machine to find the vein.

Nurse: You see how that **dark** line is right there? That's your vein.

Journalist: A **numbing** cream called EMLA is applied for an hour, then while one nurse distracts her, the IV is put in.

Austin needs his IV quickly, so Ethyl Chloride spray is used to numb the **area** instantly. Austin is nervous, but soon his IV is in. Another popular pain reducer is giving a baby a **pacifier dipped in** sweet cheese, a glucose solution.

Stephanie Pitts: You can start an IV with **sweeties** and the baby doesn't even **cry**, so you know it works.

Journalist: No one wants to be at the hospital, but Nurse Pitts hopes that by taking the "ouch" out of it, patients will leave feeling even better.